

CENTER ACTIVITIES JULY 2024

DAILY/WEEKLY SERVICES:

Lunch–12:30 PM (\$2.00 voluntary donation) Transportation, Case Assistance – Information & Referrals, Nutrition Education & Health Promotion Lectures, Blood Pressure Monitoring, Physical Health & Exercise, Cultural Activities, and Other Activities such as Computer Lab with WIFI, Brain Teasers (Memory Quizzes), Group Discussions, Movies & Billiards

SAVE THE DATE

*THE HISTORY OF JULY 4TH W/ SOPHIE DAVIS STUDENTS 7/3 12:30 PM

*SAFETY PRESENTATION W/ OFFICER ACOSTA 52ND PRECINCT 7/10 12:30 PM

*STAYING HYDRATED HEALTH PRESENTATION W/ CARRIE EWEN 7/17 11:00 AM

*JULY BIRTHDAY CELEBRATION 7/23 12:30 PM

-ISABEL ALVAREZ 7/5

-AL KEMAL 7/18

-GABRIEL CANO 7/25

-ANNA HANAFIN 7/28

-MARGARET COLLINS 7/31



*5 WAYS TO ENJOY SUMMER WITH FOOD AND FRIENDS WITH MAUDENE NELSON, RDN 7/26 12:30 PM

*FRAUD PRESENTATION W/ BRONX DA OFFICE ELLEN COLODNY 7/30 12:30 PM

REMINDER: NO FOOD REMOVAL FROM THE CENTER. REMOVAL OF FOOD NOT PROPERLY WRAPPED MAY CAUSE BACTERIAL OR FOOD-BORNE ILLNESSES. REMOVE AT YOUR OWN RISK.

Fresh Fruits on the weekly menu are subject to change due to the quality of the fruit when delivered.